Southern Cross Humanitarian Kits

Put the kits in a re-sealable 1-2 gallon zip-lock/freezer bag

Newborn Kit – please avoid hotel size samples

- 6 cloth diapers (velcro fastened is preferred but optional)
- 1 pair of diaper pins (if diapers are not velcro)
- 1 pair small plastic pants
- 1 pair medium plastic pants
- 2 baby t-shirts
- 1 baby sleeper
- 1 pair booties
- 1 newborn hat
- 1 receiving blanket
- 1 small baby shampoo
- 1 small baby soap or gel
- 1 small baby lotion
- 1 diaper rash ointment

Personal Hygiene Kit – please avoid hotel size samples

- bar of soap
- shampoo
- comb
- brush
- toothbrush
- toothpaste
- washcloth

Family Hygiene Kit - all regular size plastic

- bar of soap
- shampoo
- 4 combs
- 1 brush
- 4 toothbrush
- 1 toothpaste
- 1 dental floss
- 4 washcloths

School Kit

- 2 #2 pencils
- 1 block eraser
- 1 pen (blue, black or red)
- 1 small pack of crayons (k-2) or colored pencils (3-6)
- 1 12" ruler
- 1 pair blunt scissors

Do NOT included paper. Paper is heavy and costs more in excess baggage charges than it is to buy in Peru.

First Aid Kit

- Ace bandages
- sterile cotton
- gauze
- band aids
- sports wrap
- Neosporin
- Tylenol
- Advil
- thermometer
- eye wash
- Benedryl (pills, spray or cream)
- Scissors
- pocket knife
- clippers

Nothing heavy like hydrogen peroxide or alcohol. We can purchase it there.